

You do not have to make a change.

## 2006 DSHS Health Plan Information

Once a year we send you information about our Healthy Options managed care plans. You may change your health plan anytime during the year. *It is important* to check with your doctor before you make a change to be sure your doctor will take your plan choice.

The health plan that you or others in your household are in now is:

INSERT CURRENT HEALTH PLAN HERE

You will stay with this health plan if you do not make a change.

If you want to change plans, your choices are listed below:

INSERT PLAN A CHOICE

INSERT PLAN B CHOICE

INSERT PLAN C

INSERT PLAN D

INSERT PLAN E

INSERT PLAN F

Call us if you have any questions or want to change plans by phone.

1-800-562-3022

Monday through Friday 7:00 a.m. to 6:00 p.m.



Or, use our automated system at any time by calling the same number above.

TTY/TTD users call 711 or 1-800-848-5429

***We're here to help you.***

Or, if you want to change plans, circle the new plan, refold this letter with the business reply address on the outside and put it in the mail (no stamp is needed).

You can also call us if you want a copy of our enrollee handbook. The enrollee handbook is on our website at <http://fortress.wa.gov/dshs/maa/CustomerPublications/Publicationsalpha.html>. See Publication 22-542(x). It has information about your health care rights and responsibilities, covered services, and information comparing the available health plans. For example, did you know “well-child” doctor visits, childhood immunizations, and follow-up services are covered!

*(This letter has the most current information. Plans can change at any time.)*

